

What major topic areas will you study?

- **Study and Learning Skills for College Level Work**
You will learn strategies for successful time management, listening, note taking, textbook research, and public speaking.
- **College Majors and Career Exploration**
You will assess areas of interest and research requirements for degrees and careers.
- **Library Research**
You will learn how to utilize online research tools and become familiar with NMSU's Zuhl and Branson libraries.
- **Health and Wellness**
You will participate in presentations on healthy choices, alcohol awareness, and relationships.
- **Financial Education**
You will learn to navigate topics of financial wellness, including budgets, credit, student loans, and financial aid.
- **University Structure and Campus Resources**
You will learn how to navigate the university structure and ways to communicate effectively with professors and staff.
- **Diversity and Value Exploration**
You will examine issues surrounding diversity and explore personal value systems.



First Year Initiatives (FYI)
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New Mexico State University



First Year Experience
"Academic and Social Success"



BE BOLD. Shape the Future.
New Mexico State University

Why enroll in FYEX 1112?

The transition from high school to college can be challenging. By enrolling in FYEX 1112, the Freshman Year Experience course, the transition to college life can be eased.

During this course, students join other first time freshmen as members of a community of learners focused on becoming successful college students.



What types of activities will you accomplish?

- Rock wall climbing
- Low ropes course
- Multiple presentation opportunities
- Getting to know the campus; its staff and resources
- Career Exploration
- Peer Mentoring
- Financial Wellness Activities

What will you GAIN

- You will learn how to study, apply learning skills, and learn how to take tests to achieve success in your courses.
- Learn about campus activities and organizations.
- Explore your talents and career interests.
- Practice public speaking skills and develop presentation skills.
- Collaborate with classmates on group projects.
- Practice techniques to manage stress and anxiety.
- Explore your creative abilities and apply critical thinking to solve problems.
- Be presented with opportunities to build relationships and make friends.



How does this course benefit you?

- FYEX 1112 is an elective course, meaning that it contributes to the total number of required and earned credits for graduation.
- The grade from this course affects your grade the same way any 3 – credit course would.
- You will be able to use all the resources the university has to offer.
- Junior or senior peer educators will provide you with advice on how to succeed at NMSU.
- Your performance in this course is dependent upon your regular attendance and completion of all assignments and activities.