

NEWSLTR

"Investing in yourself leads to success!"- Felicia . M. Johnson



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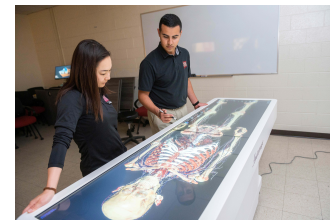
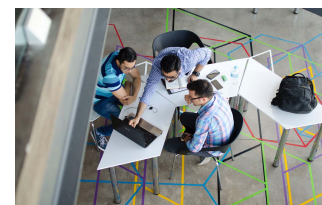
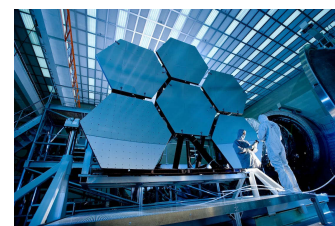
Mental Health Message

Imposter Syndrome is just an excuse.



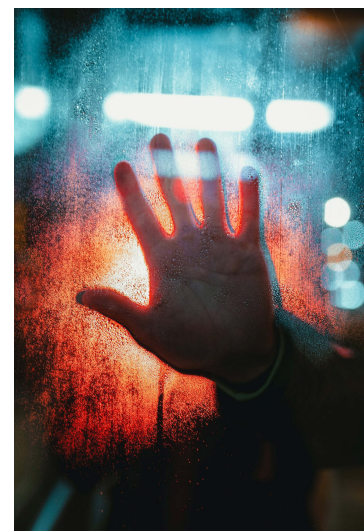
Men of Color in Science, Engineering & Technology

Research suggests that people belonging to African-American and Hispanic ethnic backgrounds remain underrepresented in the science, technology, engineering and math (STEM) workforce compared to the share of all workers in these industries. Members belonging to these communities who are currently working in the STEM fields consider major underlying reasons such as limited access to quality education, discrimination in recruitment, promotions and a lack of encouragement to pursue technical jobs from a young age. Racial and ethnic diversity at workplaces is important for the growth of any organization. Social justice issues such as discrimination, income inequality, gender-based violence must be replaced with a more diverse, inclusive, and equitable environment. After all some of our country's best minds, like Jesse Eugene Russell, Albert Vinicio Baez, Peter Tsai and countless others who are men of color have contributed efforts in the STEM field.



Tackling Imposter Syndrome

Imposter Syndrome is a psychological occurrence which leaves people in doubt about their skills and abilities. Researchers have discovered that impostor syndrome is associated with mental health issues especially amongst men of color collegians who are prone to fall victim to the imposter syndrome. It is important to focus on activities that improve psycho-social well-being, such as speaking out, asking questions, being aware of your self-diminishing language, practice receiving compliments, and learn to own your achievements. Teach others what you know. Believe in yourself that you are awesome!



Scan the code to join **NMSU Men of Color**

Contact Us: M.O.C.I
moci@nmsu.edu



Find us on *Instagram*
and *Twitter*:
@NMSUmenofcolor



Suits and Sneakers Event



Upcoming Events

04/01/2023

The Big Event 7:30 AM

04/02/2023

Grand Canyon vs NMSU Aggies -
All day @ Pan American Center

04/06/2023 - Baseball

California Baptist vs NMSU - Presley
Askew Field, 6:00 PM

04/18/2023

UNM vs NMSU – April 18, Presley
Askew Field, 6:00 PM



Supporting Men of Color in Higher Education

Efforts taken by institutions to get more men of color to enroll for higher education has seen tangible success over the years. However, there is little evidence indicating that such efforts to ensure that men of color who start college are well supported throughout their academic journey and college experience. Systemic barriers persist, creating larger disparities at higher education institutions. Studies suggest that men belonging to African-American and Hispanic ethnicities struggle the most than any other ethnic group when it comes to completing college. Hence, it is necessary to understand the unique needs of our male students of color and help them thrive and succeed in their academics and future careers.

Institutions must take initiatives to promote activities that encourage volunteering experience, public-speaking opportunities, leadership training, entrepreneurship workshops, skill development courses and conferences to discuss topics related to identity and success. Opportunities such as these can foster greater bonding amongst male students of color and make higher education institutions a great place to thrive!

What's New?: Aggie Beat

“Aggie Beat” is a new undertaking started by the First-Year Initiatives. Its objective is to keep the NMSU community updated with the latest projects, student initiatives, gatherings, and other activities happening on-campus. Aggie Beat is a great resource to know and learn more about the lives of the people that make this institution such a great place to study and grow!

Scan the QR code or tap on the link to watch our interview with Dr. Enrico Pontelli, Dean: College of Arts and Science. <https://youtu.be/AemwL2t40Cw>

Supporting Native American Students In Higher Education

The United States is a diverse country. However, sometimes this diversity is not reflected in the retention and graduation rate of colleges and universities. A recent study revealed that Native Americans receiving an associate degree are less than ten percent and those that attain a bachelor's degree or higher are slightly over fifteen percent. Campus initiatives like Native American student organizations and programs can create a safe space for college students to connect with Native American heritage, and host cultural activities which help to develop a more inclusive and welcoming environment. It is important that the institutions invest and create intentional efforts to ensure the Native American Student feel a sense of belonging and visibility. This should be reflected in policies, procedure, recognition, and operational practices. A good strategy is to include the Native community (i.e. student, faculty, staff and tribal communities) in the conversation. The focus should be on including the voices and lived-experience of the community, then responding to those needs. Lets call it, “lead by listening”.

